



Ref. No. 229/R.V.H.E.S.T.I./2025

Date: 29/12/2025

Policy on Mental Health Support and Psychological Counselling

Objective:

To promote the mental well-being and emotional health of students, teaching staff, and non-teaching staff by providing access to professional psychological counselling and support services.

Policy Statement:

R V Higher Education and Technical Institute, Dadri is committed to creating a supportive and inclusive campus environment by establishing a structured mental health support system through qualified counsellors or recognized professional agencies.

Implementation Strategy:

1. The Institute shall appoint a qualified counsellor on a full-time, part-time, or visiting basis or collaborate with external professional counselling agencies.
2. A dedicated counselling space or online counselling platform shall be made available to ensure privacy and confidentiality.
3. Counselling services shall be accessible to students, faculty, and non-teaching staff on a voluntary basis or through referral by mentors or administration.
4. Awareness programs, workshops, and seminars on mental health, stress management, emotional resilience, and well-being shall be organized periodically.
5. A referral mechanism shall be established for cases requiring specialized medical or psychological intervention.

